

Contact

0404 056 788 (Mobile)
steve@thechange gym.com

www.linkedin.com/in/coachtrainer
(LinkedIn)
thechange gym.com (Other)

Top Skills

Coach Support
Professional Development for Coaches
Coach Training and Education

Languages

French

Certifications

Certified Change Fitness Coach

Honors-Awards

Outstanding PhD Thesis Award

Publications

Ancient Wisdom and the Art of Change

People Get Ready: Change Readiness in Organizations

The Prisoner (Eds Crewe, B., & Bennett, J.)

Building Sustainable Organisations: The Four Pillars of Change

Understanding Leaders: A Guide to Exceptional Leadership

Steve Barlow

Change Fitness Coach | Professional Development for Coaches | Organisational Change Readiness Assessments | Lecturer
New South Wales, Australia

Summary

Change fitness coach, trainer, consultant in the field of change, change readiness, and change fitness. Professional development for coaches and change readiness support to leaders and senior managers. Lecturer in Masters programs at the University of Tasmania. Please contact Steve for more details.

► My expertise

PhD in the psychology of change readiness and change fitness.
Adult Learning | Change Fitness | Change Readiness | Coach Trainer | Coach Education | Professional Development for Coaches | Coach Mentor | Coach Support | Training Coaches | Coach Training and Education | Training and Coaching for Coaches

► About our company

We supply training in personal change fitness, change leadership, and organisational change readiness. We train and certify coaches to work in these fields. We provide resources and tools to support practice. We provide change readiness training, change readiness audits, and coaching services to organisations.

► Where can we offer our services to you?

Brisbane, Sydney, Melbourne, Adelaide, Perth, Hobart, New Zealand, USA, Canada, UK, Europe and in this digital age we can service your coaching education needs anywhere in the world.

► Want to know more?

If you want a solid structure and framework to support your coaching, a niche market, specialised tools, and on-going support, please reach out to me.

Call: ☎ (0404) 056 788

Email: ✉ steve@thechange gym.com

Visit: 🖱 www.thechange gym.com

Experience

The Change Gym | Coach Education Specialists | Change Readiness

Professional Development for Coaches | Organisational Change Readiness Specialist

March 2014 - Present

Gold Coast Area, Australia

The Change Gym provides professional development for coaches, develops and licenses change fitness programs, and consults in change readiness.

► About our Company

We are an online supplier of training and resources for coaches, OD consultants, change managers, and trainers. Our expertise is in change fitness and change readiness - the psychological and organisational capacities needed for successful change. We train and certify experienced professionals to use our methodology and resources.

► How we help you?

Our goal is to help you understand change fitness and teach you how to build it into your practice. The ultimate goal is to help individuals and organisations be more successful at change, with minimal disruption and cost.

► What we do?

Change Fitness Assessments
Change Readiness Assessments & Audits
Change Fitness/Readiness Training
Research & Development

► Where can we offer our services to you?

Brisbane, Sydney, Canberra, Melbourne, Adelaide, Perth, Hobart, Darwin, Auckland, Wellington and in this digital age we can service your coaching education needs anywhere globally.

► Want to know more?

Please feel free to call or send me an email!

Call: 0404 056 788

Email: steve@thechange gym.com

Visit: www.thechange gym.com

University of Tasmania
Lecturer, School of Medicine
May 2017 - Present

I teach in the Master of Public Health, Master of Leadership, MBA, and Master of Health Administration programs. I specialise in change readiness and its role in organisational change, especially within the health sector.

Redequip Pty Ltd
Director
February 2010 - Present
Gold Coast Area, Australia

Redequip is an Australian organisational change readiness consulting and training company. We are specialists in organisational change readiness, providing change readiness training, audits, and coaching.

► Redequip provides training for people within organisations on:

- ✓ Leadership Development
- ✓ Management Training
- ✓ Change Readiness Training
- ✓ Change Readiness Audits

NSW Dept of Corrective Services
Anger Management Coach
2002 - 2009 (8 years)
Sydney, Australia

Public Sector

Education

1998 - 2001 (4 years)

Sydney

Harbour Cruises

Charter Boat Manager

1994 - 1997 (4 years)

Sydney Harbour

Public and Private Sectors

Education

February 1977 - December 1996 (19 years 11 months)

Education

ACU, Macquarie University, Sydney University

BA, MEd, PhD, Grad Dip Ed, Grad Cert Ed, Cert IV TAE, Change Fitness,

Change Readiness, Educational psychology