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**James Mcleod**

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James Mcleod grew up in the UK and was educated at world-renowned Eton College.

He has over 30 years of business experience in a variety of senior leadership roles at established media powerhouses including The Wall Street Journal, The International Herald Tribune and The New York Times. He transitioned into a full-time training and coaching career in 2009.

James is additionally a qualified Master Coach and fully accredited with the International Coaching Federation and the International Coaching Council.

James has trained and coached senior management teams from:

American Superconductor, Airplus, Activision, Actuant, Novartis, SIKA, Target, Bertelsmann, Rio Tinto, CRTX, Jones Lang LaSalle, DTZ, IBM, Astra Zeneca, Genencor, Yves Rocher, Luxottica, Kongsberg, Symrise, Danisco, Prologis, Voith, Philips, Morgan Stanley, Hogan, Swedbank and Ericsson.

James is a regular speaker at international events on Coaching, Communications, Management and leadership.

Outside of the coaching arena, James is an avid long distance runner and has completed 68 marathons. He is a great believer in running as a philosophy on life and advocates that the principles of distance running can be applied to the world of business and individual people performance. They both require purposefulness of mind and spirit and deep preparation in order to achieve successful outcomes.

James's long and broad communications experience garnered across five Continents puts him in a great position to maximise individuals' potential through training and coaching programs.