



Melanie Jones

Executive Coach

Profile

I specialise in coaching Executives, Senior leaders and High-potentials with a drive to develop their personal and leadership potential and impact.

Over 15 years in Talent Management and High-potential development, operating as a Senior Manager and Change Agent, specifically in the private sector (across a range of industries including Financial Services, Telecoms, Property and Energy & Utilities).

I work with individuals and teams to unlock their potential and enhance their relationships and interactions with others.

I am a member of the European Mentoring and Coaching Council (EMCC)

Coaching philosophy and approach

My philosophy is that individuals have the capability to maximise their own potential through the ways in which they see (and manage) themselves and their relationships and interactions with others. My coaching is underpinned by a supportive yet challenging approach where my clients can explore their leadership challenges through both an individual and contextual lens.

I encourage the exploration of values and personal drivers / motivators, as well as self-limiting beliefs and behaviours that may be holding clients back from achieving the success they aim for. My belief is that everyone is capable of more than they are currently achieving and that my role as a coach is to help them generate the right solutions to get more effective results.

Key areas of expertise and specialisms

My practice has a theme of Personal impact and interpersonal relationships, with key specialisms as follows:

- Executive, Leadership & developmental coaching
- Transition coaching (new role / environment or promotion)
- Coaching to support change management
- Business & strategic coaching (helping leaders to formulate a vision and strategy that they can effectively share with others & that others can engage with; focussed on strategic insight and clarity of message)
- Coaching for performance