

Alexandra Sleator

Executive Coach, Mentor Coach, Trainer and Workshop Facilitator

After 23 years in the financial services industry, Alexandra is now an independent consultant working both directly as well as on behalf of organisations with senior managers as well as high-potential professionals to support them progress both their professional and personal development.

Alexandra works as an executive coach, mentor coach, developmental trainer, workshop designer and facilitator, career advisor, and sparring partner.



In that context, Alexandra specialises in:

- Career progression: promotion, influence, visibility, communication, success in a new role
- Career enhancement: leadership presence, team effectiveness, change management
- Career transition: returning to work after a break, lateral move, career change

Alexandra in a nutshell:

- A 23-year career as a renowned bank expert and a leader who inspired others.
- A solid background in mentoring dating back to her university days in 1984.
- A track record of building and leading teams since 1993.
- Experience coaching first internally since 2006 and independently since 2011.
- A thorough grounding in the global financial services industry with core competences in counterparty credit analysis, risk parameter modelling, and project change management.
- Alexandra is a member of the Association for Coaching, the International Coaching Federation and the European Mentoring and Coaching Council, the British Psychology Society and its Special Group in Coaching Psychology, the British Association for Behavioural and Cognitive Psychotherapy, and the Association for Rational Emotive Behavioural Therapy.
- Alexandra is also a member of the Institute of Leadership and Management.
- Alexandra undertakes monthly supervision with an ICF-accredited coach mentor.

Coaching for Inspiration Ltd.

Alexandra has been coaching since 2006 first on a part time basis in the workplace alongside her commercial responsibilities and since January 2011 on a full time basis through her coaching consultancy.

Executive & Career Coach / Mentor Coach

- **1-on-1 work** with senior managers, high potential professionals and strong performers
- **Group work:** team coaching, training workshop design and delivery, offsite facilitation, assessment and development centres
- **Coachees:** middle managers and senior executives

Partnerships:

- | | |
|--------------------------------------|----------------------|
| • ASK Europe Plc , London | Associate |
| • Evolution Coaching , London | Associate Coach |
| • HDA Associates , London | Associate Consultant |
| • Acuity Coaching , London | Associate Coach |
| • Catalyst , London | Associate Consultant |
| • CoachMatch , London | Partner Coach |

Examples of clients:

- | | |
|------------------------------------|---|
| • A premier Swiss private bank | • The leading independent clearing house |
| • A top UK business school | • A leading UK commercial property consultant |
| • A leading European banking group | • A world leader in commercial real estate services |
| • A US global banking group | • The top European high-speed rail service |

Coach Training

- **Advanced Certificate in Psychological Coaching**
Centre for Coaching
(University of Middlesex-accredited)
- **Advanced Certificate in Cognitive Behavioural Therapies and Stress Management**
Centre for Stress Management
- **Psychometric tools**
 - MBTI® Step I
 - Hogan Personality Inventory : 4 tool suite
 - Realise2 strength coaching tool

Languages

- French and English – mother tongues.
- Spanish and German – conversational ability.
- Japanese – university qualification.

Lloyds Banking Group, Wholesale Division, London

September 2009
to December 2010

Managing Director, Director of Risk Methodologies & Analytics, Corporate Markets

- Risk parameter estimation methodologies and models covering both credit and market risk model development and validation. Remit also included stress testing, valuation model validation, portfolio analytics, user training, and front office advisory.
- Large group consisted of staff formed from heritage bank teams. Staff synergy programme with minimal impact on morale. New training programme to upskill team. Created group identity which rebuilt engagement and performance.

UBS Investment Bank, UBS AG, London

July 2005 to May 2009

Managing Director, Global Head of Risk Ratings & LGD Methodology, Risk Control

- Development and validation of internal rating, LGD and exposure tools and methodologies.
- Dialogue with Swiss, US and UK bank regulators.
- Member of the DisAbility Steering Committee.

Moody's Investors Service Ltd, London

July 1997 to May 2005

Senior Vice President, Banking Group

- Regional Chief Credit Officer for EMEA Banks
- Lead Analyst for several European banking groups and local authorities.
- Coordinator for European Covered Bond Ratings.

J.P Morgan Guaranty Trust Company, London and Paris

July 1987 to April 1997

Vice President, Global Credit Research

- Team Leader on European corporates (autos, transportation, utilities, oil and gas, media).
- Team Leader, Senior Analyst and Risk Manager for South European banks and global sub-sovereigns.
- Trader, then Sales, French Futures market.

Graduate Education

Brown University, '87 (Providence, R.I., USA)

- BA in International Relations (Hons)
- BA in Finance.
- Magna Cum Laude - Phi Beta Kappa.