

### Career Transition, Planning and Development Expatriate life, Relocation and Repatriation support

[www.coachingbymoving.com](http://www.coachingbymoving.com)

[www.careerbymoving.com](http://www.careerbymoving.com)



**With the main focus on tangible results**, Elena is passionate about coaching people along their path of transition, empowering them to achieve their potential and aspirations.

- She listens attentively and respectfully to her clients
- Tailors each coaching session to individual needs
- Encourages reflections and supportively allows clients to move forward
- Challenges clients to commit to actions and to take responsibility for their own choices and plans

**Elena's clients** are from a wide and diverse range of business sectors at all levels of seniority, from new graduates to senior executives:

- individuals who want to start or develop an international career
- expats or repats who are coping with many aspects of their relocation and adaptation stages
- people in career transition who aim to successfully overcoming it

**Career Coaching benefits:** These include: unearthing fresh perspectives on professional directions and opportunities; deeper awareness of own motivations, values, needs and goals; competitive advantage in networking, job search, interview skills, negotiating salary and seeking promotion.

**Expatriate support benefits:** These include: development of employee skills and capacity to work and live in new cultural environments will result in higher company's productivity; enhanced confidence and positive attitude in carrying out the chosen role abroad; improved decision making skills.

**Background:** Elena is an **International Coach** with HR and change management knowledge, business partnering and sales expertise. She has worked as Outplacement Specialist, International Recruiter and Business Development Executive and has lived and worked in various countries.

Being an expatriate she's experienced first hand expat life, transfers and "cultural impact" from many angles.

Working for leading consulting organisations, she has designed and delivered Career Transition Coaching programmes to companies in different industries and sectors whilst they were dealing with reorganisation processes and/or redundancies. Interacting with individuals who face a very difficult moment of their life, which is the job loss, has sharpened her coaching approach based on confidentiality, clarity and empathy.

As International Recruiter, she has successfully managed many expat candidates, and has provided them with pre-relocation and post-moving ongoing support.

Elena is a qualified **NLP Practitioner** and member of Association for Coaching and of European Mentoring and Coaching Council. She holds the CIPD CPP certification and a Diploma in HR Management. She has Master's Degree in Political Science with specialisation in International Economics.

Elena coaches both in English and in Italian language.

Elena is founder of **COACHING by Moving** and **CAREER by Moving**